

## YOUR MISSION, RANGER:

# THE CYCLE HUNT

Lesson 1 · Find nature's dances happening right now in your own backyard.

## GEAR YOU NEED

- Pencil & this mission card
- A magnifying glass (if you have one)
- Water bottle · hat · sunscreen
- A curious pair of eyes

## HOW TO COMPLETE THE MISSION

- 1 Step outside for 15 minutes — garden, park or bush.
- 2 Find ONE thing that is CHANGING (a leaf, a cloud, a shadow, a bee).
- 3 Find ONE thing that REPEATS (day/night, sunrise, tides, seasons).
- 4 Find ONE thing that FLOWS (water, wind, animals moving).
- 5 Sketch all three in the Field Notes box below.
- 6 Write beside each: is it fast, slow, or super slow?

## RANGER TIP

Cycles can be tiny (a bee visiting flowers) or huge (the sun crossing the sky). Both count — nature never stops dancing.

## BONUS CHALLENGE

Set a timer for 5 minutes and stay completely still.  
How many cycles can you SPOT or HEAR without moving?

## FIELD NOTES / SKETCH

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**SCOUT SAYS:**

Every cycle you find is a Waka Waka — a dance of nature.  
The more you look, the more you'll see. Nothing is ever still!

RANGER STAMP

DATE COMPLETED

